

## Preliminary Guidelines for Conference Process on Thursday 27th June 2019

### Working with Biographical Development in a Landscape



Diameter of circle c. 10 km

**Facilitation:** Christopher Bee - **Coordination:** Victor Streza

#### Biographical Adventure in Landscape around Waldorf School in Pilisszentlászló

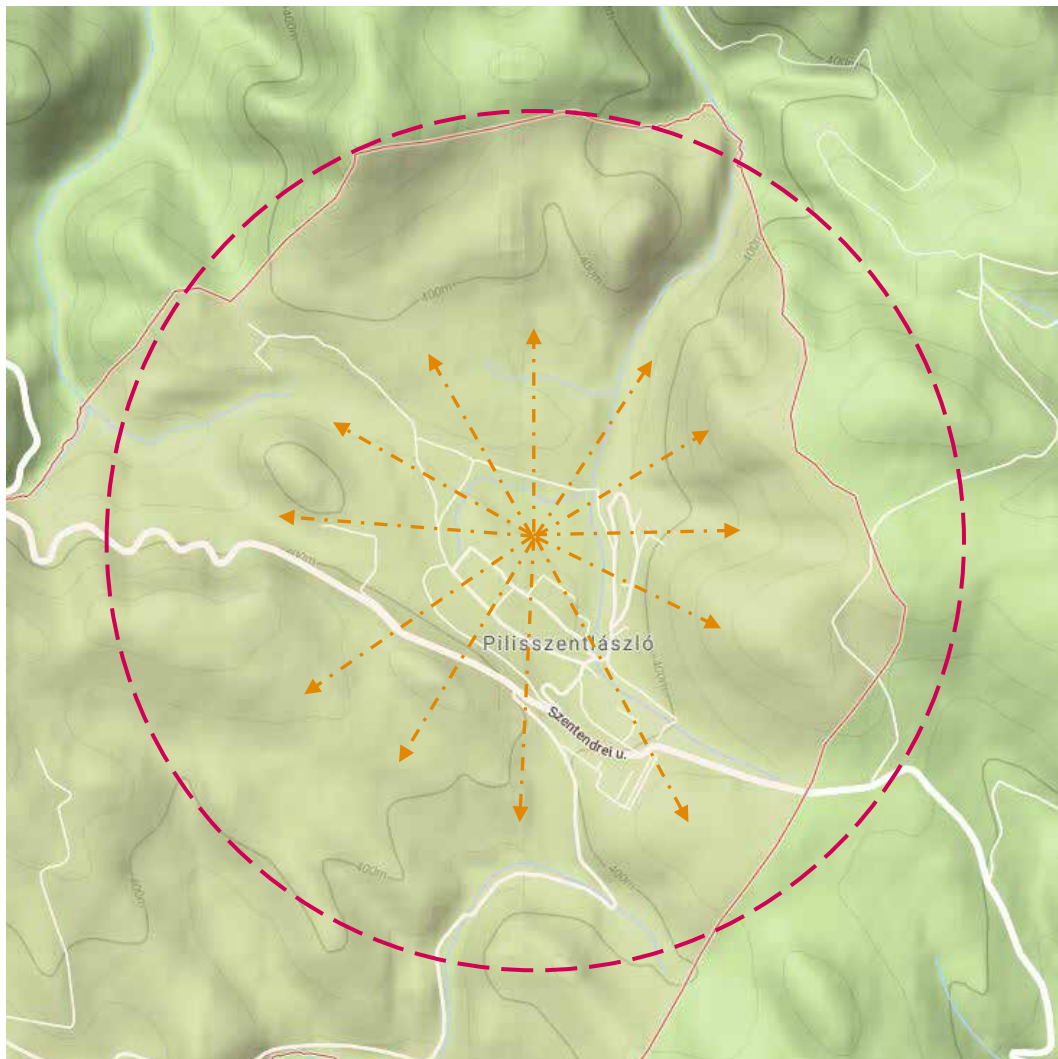
09.30 - 10.00 Opening the Day in Plenum 30'

10.00 - 10.30 Introduction 30'

- .. description of area: topography, flora & fauna, pathways, wild ways, safety, laws, etc.
- .. purpose of your Shepherd - commitment to your group
- .. working on your own - protocol for communication
- .. check list for equipment needed including packed refreshments
- .. arrangements for setting off from School
- .. location and purpose of Group Base Camp
- .. working alone out of Group Base Camp
- .. returning alone to Base Camp or to school
- .. returning to School for supper and stories

10.30 - 11.00 Group formation - find your Shepherd 30' (12 Groups x 10-12 persons)

11.00 - 11.30 Get ready to go - check equipment - move to Base Camp 30'



Diameter of circle c. 3 km

11.30 - 12.00 Shepherd coordination at Base Camp 30'

Twelve suitable Base Camps have been previously located and marked in place and on map.

Region around each respective Base camps is evaluated for scale of challenges.

Base Camps allocated with map to Shepherds according to evaluation.

Shepherds are selected according to their declared capacities, experience and skill sets.

Group formation enables individual to find compatible Shepherd, Base Camp and Region.

Shepherds are responsible for coordinating:

- .. with the conference Master Shepherd
- .. departure of their Group from School
- .. arrival their Group at Base Camp
- .. raising awareness for Region around Base Camp
- .. departure of individuals into Landscape
- .. trouble shooting distress situations
- .. return of individuals to the Base Camp
- .. ensuring safe return of all Group members to School

12.00 - 17.30 **Biographical Adventure in Landscape** - return back to School after 5.5 hours

17.30 - 19.30 refresh - supper - consolidation : around camp fire with your Group and Shepherd 120'

19.30 - 21.30 telling stories : in own Group or as otherwise yet to be determined 120' ...

## Shepherds and Rangers ...

The colleagues named below have volunteered to be your Shepherds during this adventure. They were invited because they are experienced and confident with trekking in wildlands, and are willing to guide the groups to their respective base camps and help with orientation before you set off alone to walk for circa five hours through your own biography in the landscape.

Master Shepherd **Victor Streza** from Romania, experienced in mountain trekking, is coordinating the Shepherds, who have been preparing for this task for a while now. Beginning of May Victor spent four days exploring the landscape around Kékvölgy Waldorf Iskola with our Hungarian Ranger **Robert Kiraly**. They located and established twelve base camps and assessed the degree of challenges associated with each. Your day begins with finding your place in Shepherd's group according to your personal capacities and language needs. Apart from when you are walking alone through your biography, you will be accompanied by your Shepherd the whole day long until the evening. And even when you are alone your Shepherd will be keeping a weather eye on your safety, will come to your aid if necessary and will secure your return for supper; after which your Shepherd will facilitate sharing of biographical experiences in their group.

During the time when you are out alone in the wildlands, Rangers **Robert Kiraly** and Company will be riding through the landscape on horseback keeping watch.

Your Shepherds	Nation	Dutch	English	Finnish	French	German	Romanian	Spanish
<b>Victor Streza</b>	RO		English		French		Romanian	
<b>Joseph Rubano</b>	USA		English					
<b>Riitta Niskanen</b>	FI		English	Finnish				
<b>Mikko Romppanen</b>	FI		English	Finnish				
<b>Claudiu Pansulescu</b>	RO		English				Romanian	
<b>Martin Studer</b>	CH		English		(French)	German		Spanish
<b>Elisabeth Burkart</b>	AT		English			German		
<b>Christoph Hirsbrunner</b>	CH		English		(French)	German		
<b>Vera G. Klein</b>	NL	Dutch	English		(French)	German		
<b>Leah Walker</b>	USA		English					
<b>Anne de Wild</b>	NL	Dutch	English		(French)	German		
<b>Helena Soljama</b>	FI		English	Finnish				

## Equipment and Safety ...

**All participants will be provided with:**

- .. a local map with legend marking main pathways and base camps
- .. a signal safety whistle 100 dB
- .. a coloured chalk stick to mark your own biographical pathway
- .. a 500 ml bottle of water and a packed lunch

**SMARTPHONE: mobile reception unreliable (please switch off ... better still do not take with you) !**

**Check list to help you ensure that you are properly equipped for your adventure by bringing:**

- .. hiking clothes, head cover and rain protection;
- .. comfortable hiking shoes and blister protection plasters;
- .. small rucksack / shoulder bag and light ground blanket;
- .. thermos flask and special dietary supplements as required;
- .. sun / insect protection, basic first aid, essential toiletries, sanitariums & medicines;
- .. **FIRE HAZARD** smokers must bring metal box for ash & stubs **(or do not smoke in nature ... !-);**
- .. secure method of knowing what time it is; a compass might also be useful;
- .. collapsible trekking pole/stick, pocket knife and torch with new batteries;
- .. minimum 5 m of 10 mm climbing rope in one pale colour only;
- .. set of colour pencils / portable watercolour painting set;
- .. sketching block, note book and writing implements.

**ATTENTION : do not take inappropriate items through airport security (put them in luggage) !**

**Personal Responsibility :** you are required in advance and also particularly during this expedition, as well as for the whole conference, and thereafter, to be solely responsible for your own physical and psychic health and to inform Christopher Bee and Victor Streza about any relevant difficulties or medical issues. Your Shepherd will require your signature on a declaration to this effect before leaving the school.